



3-C SPIRITUAL INVENTORY AND GROWTH PLAN

Those who accepted his message were baptized, and about three thousand were added to their number that day. They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer. Everyone was filled with awe, and many wonders and miraculous signs were done by the apostles. All the believers were together and had everything in common. Selling their possessions and goods, they gave to anyone as he had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.

ACTS 2:41-47

Congratulations! You are about to take a very important step toward growing as a 3C Christ follower. The 3C model that we use at Journey's Crossing comes straight from Scripture, Acts 2:41-47, and is drawn from the ancient church of the first century. These first century followers of Jesus were people who continually Celebrated, Connected and Contributed to the dream of God.

You have chosen to do something that we all need, but few do – take time to reflect, evaluate and make intentional choices for your own spiritual growth. The spiritual inventory is a tool to help you identify personal areas of strength and opportunities for growth. It is not a spiritual checklist for measurement or meant for comparison with others. Rather, use it as a compass to provide direction for your spiritual journey, knowing that transformation is an ongoing process.

Instructions:

- Take a moment to pray before filling out the inventory. Ask God to lead you to answer the questions as honestly and objectively as you can using the scale provided.
- Don't spend too much time on any question, and remember, there is no right or wrong answer.
- Record additional thoughts in the personal reflection section on the bottom of each page. Anticipate the Holy Spirit encouraging you in areas of strength, and in other areas challenging you to grow as a 3C Christ follower.
- When you are finished, transfer your inventory answers to the evaluation sheet. Higher scores indicate your areas of strength. Lower scores indicate areas for growth.
- Use your results to guide you in using the Spiritual Growth Plan to develop a personal plan to grow as a 3C Christ follower in the coming year.

These tools are most effective when used in the context of the Biblical community found in a small group. I strongly encourage you to share your goals with your small group where you will find accountability, encouragement and partners for your journey.

Mark Wilkinson
Lead Pastor
Journey's Crossing: A Christian Church

Absolutely/Always

Mostly/Frequently

Somewhat/Occasionally

Not Much/Seldom

Not At All/Never

5

4

3

2

1



Celebrate: We gather together weekly to celebrate what God is doing in our lives and in the church. Primary relationship: me: God

- _____ 1. I believe there is one God, creator and sustainer of life and He reveals Himself to us in 3 equal, distinct, divine persons - Father, Son and Holy Spirit.
- _____ 2. Before Celebration Service, I prepare my heart to worship through personal prayer and confession.
- _____ 3. My decisions are guided by the Bible as my source for truth, the final authority on matters of faith and conduct, and the revelation of the character and will of God.
- _____ 4. I believe that God came in the flesh in the person of Jesus Christ, lived a sinless life and died on a cross to pay the price for sin and that he rose from the dead.
- _____ 5. I attend Celebration Service weekly to worship with the church.
- _____ 6. I depend on God for wisdom, strength and guidance through daily prayer.
- _____ 7. I believe that Jesus Christ is the eternal and divine Son of God whose life, death and resurrection won victory over the power of sin and death.
- _____ 8. I am not ashamed to be known as a Christ-follower.
- _____ 9. I experience a spiritual connection with God and others during worship at Celebration Service.
- _____ 10. My greatest desire is to ever increasingly know and love God.
- _____ 11. I believe there is one Mediator between a holy God and sinful humanity - Jesus Christ.
- _____ 12. I regularly confess my sins to God.
- _____ 13. I trust God with my circumstances and do not allow them to dictate my mood.
- _____ 14. I believe Jesus is the Way, the Truth and the Life, and that no one comes to the Father except through Him.
- _____ 15. I have made a personal commitment to Jesus Christ as my Lord and Savior.
- _____ 16. I have a consistent time & daily practice for Bible reading, journaling and prayer.
- _____ 17. I exercise self-control in my private and public behavior to honor God.
- _____ 18. I encourage others to develop a daily time with God and other spiritual disciplines for growth.
- _____ 19. I believe the Holy Spirit dwells in every believer empowering us to live Christ-like lives.
- _____ 20. I follow through on commitments I make to God.
- _____ 21. I believe I receive forgiveness of sin, the indwelling of the Holy Spirit and the gift of eternal life when I put my faith in Jesus Christ and commit my life to Him as my Lord and Savior.
- _____ 22. I am not proud or boastful.
- _____ 23. I regularly pray with others.
- _____ 24. I believe the Bible is the inspired Word of God, entirely accurate, and the Spirit will not contradict His written Word.
- _____ 25. I celebrate communion as a time of gratitude for my salvation in Jesus.
- _____ 26. I discipline my thoughts based on my faith in Jesus Christ.
- _____ 27. I am confident that I will go to heaven when I die.
- _____ 28. I have made a public commitment of faith through choosing to be baptized.
- _____ 29. I am an example of contagious joy found in Jesus Christ.
- _____ 30. I have completed a spiritual growth plan that includes accountability for my goals.

Personal reflection:

5

4

3

2

1



Connect: We experience Biblical community as we connect with others through weekly small groups. Primary relationship: me: the church

- _____ 1. I believe the local church is the body of Christ on earth, the hope of the world.
- _____ 2. I believe God's plan for spiritual growth is always in the context of a community of Christ followers. (i.e. the church/small groups).
- _____ 3. I participate weekly in a small group to grow spiritually and experience Biblical community.
- _____ 4. I have a reputation for being gentle, patient and compassionate with others.
- _____ 5. I am an includer and easily approachable.
- _____ 6. I understand and can explain the Biblical teaching on God's plan for the church.
- _____ 7. I believe God calls me as a believer to commit to a church and Biblical community.
- _____ 8. My speech and actions build up others and promote unity in the church body.
- _____ 9. I support and pray for the leaders at Journey's Crossing.
- _____ 10. I can clearly and succinctly communicate my spiritual journey.
- _____ 11. I unconditionally love others in obedience to Jesus.
- _____ 12. I actively seek opportunities to encourage and develop others.
- _____ 13. I have at least one other Journey's Crossing attender in whom I actively invest myself for growth and development
- _____ 14. Others would say that I am not easily offended and quick to forgive.
- _____ 15. I embrace the vision of Journey's Crossing of helping people find their way back to God by meeting them where they are and guiding them on their next steps to become more like Jesus.
- _____ 16. I pray weekly before Celebration Service for God to give me opportunities to connect with newcomers.
- _____ 17. I participate in opportunities to help newcomers to Journey's Crossing take the next step.
- _____ 18. My first inclination is to seek the good of others before myself.
- _____ 19. I believe God has given me spiritual gifts to use to build up the church and reach unbelievers.
- _____ 20. I believe I can experience spiritual growth and Biblical community in a small group with other believers.
- _____ 21. I am open to receiving love and care from others in my small group and in the church.
- _____ 22. I make a specific contribution in my small group to encourage growth and the development of Biblical community.
- _____ 23. I am open, teachable, & accountable with the members of my small group.
- _____ 24. Others would say I am not defensive or resistant to instruction or correction.
- _____ 25. I believe all people are created in the image of God and therefore have equal value, regardless of race, religion or gender.
- _____ 26. I regularly reach out to the unconnected/unchurched and invite them to my small group/church.
- _____ 27. I rejoice in others' blessings and share the burdens of those who are suffering.
- _____ 28. I believe that God has a purpose for my life.
- _____ 29. I am not overly upset when recognition of my accomplishments goes unnoticed.
- _____ 30. I am known as a peacemaker.

Personal reflection:

5

4

3

2

1



Contribute: *We impact our world as we contribute weekly to God's work using our unique talents, passions, and resources.* Primary relationship: me: the world

- _____ 1. I believe that God is the source of all blessings in the world.
- _____ 2. I hold all things loosely and consider all that I own at God's disposal.
- _____ 3. I understand what the Bible has to say about spiritual gifts.
- _____ 4. I have taken the S.H.A.P.E. course and identified my personality, gifts and passion.
- _____ 5. I contribute through the use of my spiritual gifts weekly at Journey's Crossing.
- _____ 6. I put God's timing, will and purposes ahead of my own.
- _____ 7. I regularly pray for specific individuals who don't know Christ.
- _____ 8. I actively seek out opportunities to have spiritual conversations with those who don't know God.
- _____ 9. I am able to use Scripture to effectively communicate how to become a Christ follower to others.
- _____ 10. I am actively involved in my community to be a Christian influence.
- _____ 11. I treat others with respect even though they may believe differently than me.
- _____ 12. I understand God works through me to build up the church.
- _____ 13. I participate regularly in leadership development opportunities at Journey's Crossing.
- _____ 14. I understand Biblical principles of financial giving.
- _____ 15. I believe that investing my time, talents and resources in the church helps people find their way back to God.
- _____ 16. I live an intentional lifestyle that allows me to contribute /maximize my time, energy and resources for the kingdom.
- _____ 17. I give 10% or more of my income to the church and kingdom to support God's work.
- _____ 18. I am eager to help others when I hear of a need.
- _____ 19. I believe God will use me to reach those in my circle of influence for Jesus Christ.
- _____ 20. I serve those in my neighborhood by meeting needs to witness the love of Christ.
- _____ 21. I freely share my time, possessions and resources with those in need.
- _____ 22. I give without expecting anything in return.
- _____ 23. I do not envy others, or covet their possessions.
- _____ 24. My choices of activities and how to spend my time are based upon my relationship with Jesus as Lord.
- _____ 25. I value a simple lifestyle over one cluttered with activities and material possessions.
- _____ 26. I believe God calls me to be involved in the lives of the poor and suffering.
- _____ 27. I willingly sacrifice my time, talents, and resources to meet the needs of others.
- _____ 28. I build relationships with those I serve and who serve me.
- _____ 29. I believe that through Jesus, I can accomplish things that I could not do on my own.
- _____ 30. I am trustworthy and known to maintain honesty and integrity when under pressure.

Personal reflection:

My plan to grow as a 3C Christ Follower in the year 20__

Instructions: Review your personal responses and reflections from the Spiritual Inventory. Consider your strengths and growth areas in each competency. Choose one or more area(s) of knowledge, action or character for each “C” in which you desire to grow in the next 12 months. Identify some specific measurable steps you could take to help you grow. Record them on the lines under each competency you choose. Refer to the 3C Growth Guide as a resource to help develop your plan.



We gather together weekly to celebrate what God is doing in our lives and in the church.

Primary relationship: me: God

Knowledge

Ex. Attend the Baptism Class

- _____
- _____

Action

Ex. Participate in Discover the Journey Course

- _____
- _____

Character

Ex. Begin using the JC Daily Journal, Devotions and Bible Reading plan

- _____
- _____



We experience Biblical community as we connect with others through weekly small groups.

Primary relationship: me: the church

Knowledge

Ex. Read the book of Acts

- _____
- _____

Action

Ex. Join a small group

- _____
- _____

Character

Ex. Develop an accountability relationship

- _____
- _____



We impact our world as we contribute weekly to God's work using our unique talents, passions and resources.

Primary relationship: me: the world

Knowledge

Ex. Take the S.H.A.P.E course

- _____
- _____

Action

Ex. Serve on a Ministry Team

- _____
- _____

Character

Ex. Attend Leaders In Training

- _____
- _____

Accountability

I choose to grow as a 3C Christ follower in the coming year, through each of the experiences of Celebrate, Connect and Contribute. I have shared my growth plan with the following people. I am asking them to pray for me, encourage me & hold me accountable:

Name: _____ Signature _____

Name: _____ Signature _____

Name: _____ Signature _____

I will review this growth plan weekly / _____

Date: _____ Your Signature _____

SCORING

Each of the experiences of Celebrate, Connect and Contribute have been broken down into the core competencies of **Knowledge, Action** and **Character**. Fill in the blanks below with the corresponding answers from each inventory section. Allow your scores to provide deeper insights for your spiritual journey and help you to evaluate specific areas of strength and growth. Apply the results to the Spiritual Growth Plan as you partner with the Spirit's transforming work in you; to mature the faith, behavior and character of a 3C Christ follower.

CELEBRATE

Knowledge

1 _____ 15 _____

4 _____ 19 _____

7 _____ 21 _____

11 _____ 24 _____

14 _____ 27 _____

Total _____

Action

2 _____ 18 _____

5 _____ 23 _____

9 _____ 25 _____

12 _____ 28 _____

16 _____ 30 _____

Total _____

Character

3 _____ 17 _____

6 _____ 20 _____

8 _____ 22 _____

10 _____ 26 _____

13 _____ 29 _____

Total _____

Total Celebrate Score _____

CONNECT

Knowledge

1 _____ 15 _____

2 _____ 19 _____

6 _____ 20 _____

7 _____ 25 _____

10 _____ 28 _____

Total _____

Action

3 _____ 16 _____

8 _____ 17 _____

9 _____ 21 _____

12 _____ 22 _____

13 _____ 26 _____

Total _____

Character

4 _____ 23 _____

5 _____ 24 _____

11 _____ 27 _____

14 _____ 29 _____

18 _____ 30 _____

Total _____

Total Connect Score _____

CONTRIBUTE

Knowledge

1 _____ 14 _____

3 _____ 15 _____

4 _____ 19 _____

9 _____ 26 _____

12 _____ 29 _____

Total _____

Action

5 _____ 17 _____

7 _____ 20 _____

8 _____ 21 _____

10 _____ 24 _____

13 _____ 28 _____

Total _____

Character

2 _____ 22 _____

6 _____ 23 _____

11 _____ 25 _____

16 _____ 27 _____

18 _____ 30 _____

Total _____

Total Contribute Score _____